



4TH UMMC

REGIONAL ANAESTHESIA WORKSHOP 23-24 AUGUST 2015

Lectures and live demonstration - Clinical Auditorium, UM 23 August 2015

0800	Registration	
0820	Opening speech by HOD	Marzida Mansor
0830	Principles of ultrasound, nerve stimulator and dual guidance	Azrin
0900	Upper limb blocks	Shahridan
0930	Live Demonstration – Upper Limb Blocks	Shahridan/Ling
0950	Lower limb blocks	Mafeitzeral
1020	Live Demonstration – Lower Limb Blocks	Mafeitzeral/Shahnaz
1040	Coffee Break	
1100	Thoracic wall, abdominal wall and neuraxial blocks	Amiruddin
1130	Live Demonstration – thoracic, abdominal, neuraxial blocks	Amiruddin/Azrin
1150	Modern blocks PECS/Quadratus lumborum block	Azrin
1220	Live Demonstration – Modern blocks	Amiruddin/Azrin
1240	LAST & ILE	Ling
1310	Lunch	

Hands-on workshop _ Clinical Skills Lab, UM 23 August 2015

1400	Station 1	Shahridan
	Upper limb – proximal	
1420	Station 2	Ling
	Upper limb – distal	
1440	Station 3	Shahnaz
	Lower limb – anterior	
1500	Station 4	Mafeitzeral
	Lower limb – posterior	
1520	Coffee break	
1540	Station 5	Azrin
	Abdominal wall - TAP, rectus sheath, ilioinguinal	
1600	Station 6	Amiruddin
	Thoracic wall, paravertebral, central neuraxial	
1620	Station 7	Noorjahan/Lee
	Simulation	Pui Kuan
1640	Station 8	Fadhil/Beh
	Phantom	
1700	End of Day 1	
1800 – 2100	Faculty dinner	

Live demonstration of blocks - Operating Theatre, 2nd floor, Menara Utama, UMMC 24 August 2015 0800 - 1300

Facilitators: Azrin Mohd Azidin Amiruddin Beh Zhi Yuen Shahnaz Hasan
Paravertebral block
TAP block
Femoral nerve block/ catheter
Adductor canal block/ catheter
Fascia iliaca block
Popliteal block
Upper limb block

INTERNATIONAL SPEAKER: DR SHAHRIDAN FATHIL, ALEXANDRA HOSPITAL, SINGAPORE