

# 3<sup>rd</sup> NATIONAL PAIN FREE CONFERENCE 2018

## RESHAPING THE LANDSCAPE OF PAIN MANAGEMENT IN MALAYSIA

**Venue : Dewan Seri Melati, Presint 3  
Kompleks Perbadanan Putrajaya**

**Date : 5–6 September 2018, Wednesday & Thursday**

### Highlights of the conference:

- Pain as the 5<sup>th</sup> Vital Sign – Does it Improve the Quality of Patient Management?
- Inspiring the Team: A Multidisciplinary Approach to Pain Management
- Implementing the Pain Free Services in Primary Care

### Registration fees:

- Pre-conference: RM 50
- Conference fees:  
Early bird rate (until 15 July 2018): RM 200  
Regular rate (after 15 July 2018): RM 250

### Call for abstract:

Abstracts for the poster presentation  
(250 words maximum; excluding  
author names and affiliations)  
should be forwarded to  
[sara.nadarajah@mims.com](mailto:sara.nadarajah@mims.com).

For any inquiries, please  
contact **Ms Sara Nadarajah** via  
email at  
[sara.nadarajah@mims.com](mailto:sara.nadarajah@mims.com)  
or by calling  
**+603-7623 8000/8068**.

**16 CPD  
points  
will be  
awarded**

### IMPORTANT DATES

Early registration deadline:  
**15 July 2018**

Abstract submission deadline:  
**30 July 2018**

Registration deadline:  
**20 August 2018**

### REGISTER ONLINE

<http://bit.ly/MYPainFree2018>

Organized by



Ministry of Health



Medical Care Quality Section  
Medical Development Division



Malaysian Association for the Study of Pain

Secretariat services by



# Conference Agenda

## Day 1 (5 September 2018)

### Pre-conference

| Time                           | Session   | Speaker  |
|--------------------------------|---|--|
| 08:00–09:00                    | Registration and Breakfast  |  |
| <b>Pre-conference workshop</b> |   |  |
| 09:00–12:30                    | <b>Group 1</b><br>Understanding the Pain Ladder and Morphine Protocol for the Management of Acute Pain and Wound Care | <b>Dr Ungku Kamariah Ungku Ahmad</b><br>Chairman of National Pain Free Programme Committee;<br>Consultant Anaesthesiologist and Pain Specialist<br>Sultan Ismail Hospital, Johor Bahru |
|                                | <b>Group 2</b><br>Correct Usage of Pain Management Tool and Nonpharmacological Techniques to Pain Management          | <b>Dr Harijah Wahidin</b><br>Consultant Anaesthesiologist<br>Malacca General Hospital, Malacca   |
| 12:30–14:00                    | Lunch/Poster Viewing Session  |  |

### Conference

| Time        | Session   | Speaker  |
|-------------|---|--|
| 12:30–14:00 | Registration and Lunch                                    |  |
| 14:00–14:15 | Welcome Speech  | <b>Dr Syed Addi Usmi Syed Othman</b><br>Consultant Orthopaedic Surgeon<br>Hospital Langkawi, Kedah   |
| 14:15–14:45 | Plenary Talk: The Journey                                 | <b>Dr Mary Suma Cardosa</b><br>President of Malaysian Association for the Study of Pain;<br>Consultant Anaesthesiologist and Pain Specialist<br>Selayang Hospital, Selangor  |
| 14:45–15:05 | Overcoming Barriers in Cancer Pain Management in Malaysia | <b>Dr Richard Lim Boon Leong</b><br>Head of Department of Palliative Medicine<br>cum Head of Palliative Care Services Ministry of Health;<br>Consultant Palliative Medicine Physician<br>Selayang Hospital, Selangor |
| 15:05–15:25 | Pain Free via Traditional and Complementary Medicine      | <b>Dr Chai Koh Meow</b><br>Senior Principal Assistant Director<br>Traditional and Complementary Medicine Division<br>Ministry of Health, Putrajaya   |
| 15:25–15:45 | Implementing Pain Free Services in Primary Care           | <b>Dr Zainab Kusiar</b><br>Family Medicine Specialist<br>Klinik Kesihatan Mantin, Negeri Sembilan  |
| 15:45–15:55 | Q&A   |  |
| 15:55–16:10 | Tea Break   |  |
| 16:10–16:30 | Challenges in Managing Pain in Rheumatic Diseases         | <b>Dr Habiba @ Habibah Mohd Yusoff</b><br>Consultant Rheumatologist<br>Selayang Hospital, Selangor   |
| 16:30–16:50 | Labour Pain Management, the Baby-friendly Way             | <b>Dr Noor Haliza Yusof</b><br>Consultant Obstetrician and Gynaecologist<br>Kuala Lumpur General Hospital, Kuala Lumpur  |
| 16:50–17:10 | Occupational Therapy in Pain Management                   | <b>Pn Ooi Siew Chen</b><br>Occupational Therapist<br>Penang General Hospital, Penang   |
| 17:10–17:20 | Q&A   |  |
| 17:20       | End of Programme  |  |

## Day 2 (6 September 2018)

| Time        | Session   | Speaker   |
|-------------|---|---|
| 08:00–08:30 | <b>Registration and Breakfast</b>   |   |
| 08:30–08:50 | <b>Pain Free at 93?</b>   | <b>Dr Ungku Ahmad Ameen Ungku Zam</b><br>Consultant Geriatrician<br>Tengku Ampuan Rahimah Hospital, Klang, Selangor   |
| 08:50–09:10 | <b>Sickening, Grueling or Frightful: It's Time to Do Something!</b>   | <b>Dr Betty Lee Leh Sieng</b><br>Consultant Anaesthesiologist<br>Sibu General Hospital, Sarawak   |
| 09:10–09:30 | <b>Pain Free Programme and Pain as the 5<sup>th</sup> Vital Sign: The Dental Experience</b>                                 | <b>Dr Aminah Marsum</b><br>Consultant Maxillofacial Surgeon<br>Selayang Hospital, Selangor  |
| 09:30–09:50 | <b>Pain Free Hospital Concept in MOH Cluster Hospitals</b>  | <b>Dr Muralitharan Perumal</b><br>Consultant Anaesthesiologist<br>Tengku Ampuan Rahimah Hospital, Klang, Selangor   |
| 09:50–10:10 | <b>Tea Break</b>  |   |
| 10:10–10:30 | <b>"Ouch-Less" Emergency Trauma Department</b>  | <b>Dr Mohd Anizan Aziz</b><br>Consultant Emergency Physician<br>Teluk Intan Hospital, Perak   |
| 10:30–10:45 | <b>Break the Leg</b>  |   |
| 10:45–11:05 | <b>Pain: Let Us Help You</b>  | <b>Pn Lim Khee Li</b><br>Physiotherapist<br>Kuala Lumpur General Hospital, Kuala Lumpur   |
| 11:05–11:25 | <b>Pain Pharmacists: Implementation of Interprofessional Care in Improving Patient Outcomes</b>                             | <b>Pn Nur Hazelina Md Salleh</b><br>Pharmacist<br>Sultan Ismail Hospital, Johor Bahru   |
| 11:25–11:45 | <b>Inspiring the Team: A Multidisciplinary Approach to Pain Management</b>  | <b>Dr Aminuddin Ahmad</b><br>Consultant Anaesthesiologist<br>Putrajaya Hospital, Putrajaya  |
| 11:45–11:55 | <b>Q&amp;A</b>  |   |
| 11:55–14:00 | <b>Sponsored Lunch Symposium</b>  | <b>Dr Ho Kok Yuen</b><br>Clinical Director of Pain Management Service;<br>Specialist in Anaesthesiology and Pain Management<br>Raffles Hospital, Singapore  |
| 14:00–15:15 | <b>Panel Discussion</b><br><b>Pain as the 5<sup>th</sup> Vital Sign: Does It Improve the Quality of Patient Management?</b> | <p><b>Moderators:</b></p> <p><b>Dr Kavita M. Bhojwani</b><br/>Consultant Anaesthesiologist and Pain Specialist<br/>Raja Permaisuri Bainun Hospital, Ipoh, Perak</p> <p><b>Dr Mohd Anizan Aziz</b><br/>Consultant Emergency Physician<br/>Teluk Intan Hospital, Perak</p> <p><b>Panelists:</b></p> <p><b>Professor Dr Ramani Vijayan Sannasi</b><br/>Advisor of Malaysian Association for the Study of Pain;<br/>Senior Honorary Consultant Anaesthesiologist and Pain Management Specialist<br/>University of Malaya Specialist Centre, Kuala Lumpur</p> <p><b>Dr Ho Kok Yuen</b><br/>Clinical Director of Pain Management Service;<br/>Specialist in Anaesthesiology and Pain Management<br/>Raffles Hospital, Singapore</p> <p><b>Dr Yan Yang Wai</b><br/>Consultant General Surgeon<br/>Raja Permaisuri Bainun Hospital, Ipoh, Perak</p> <p><b>Dr Siti Salmah Ghazali</b><br/>Malaysian Society for Quality in Health Surveyor;<br/>Consultant Anaesthesiologist<br/>Kuala Lumpur General Hospital, Kuala Lumpur</p> <p><b>Dr Paa Mohamed Nazir Abdul Rahman</b><br/>Senior Deputy Director of Medical Care Quality Section<br/>Medical Development Division<br/>Ministry of Health, Putrajaya</p> |
| 15:15–15:30 | <b>Q&amp;A</b>  |   |
| 15:30–16:30 | <b>Closing Ceremony and Presentation of Certificate</b>   | Guest of Honour: <b>YBhg Datuk Dr Noor Hisham Abdullah</b><br>Director General of Health<br>Ministry of Health, Malaysia  |
| 16:30–16:45 | <b>Tea Break</b>  |   |
| 17:00       | <b>End of Programme</b>   |   |



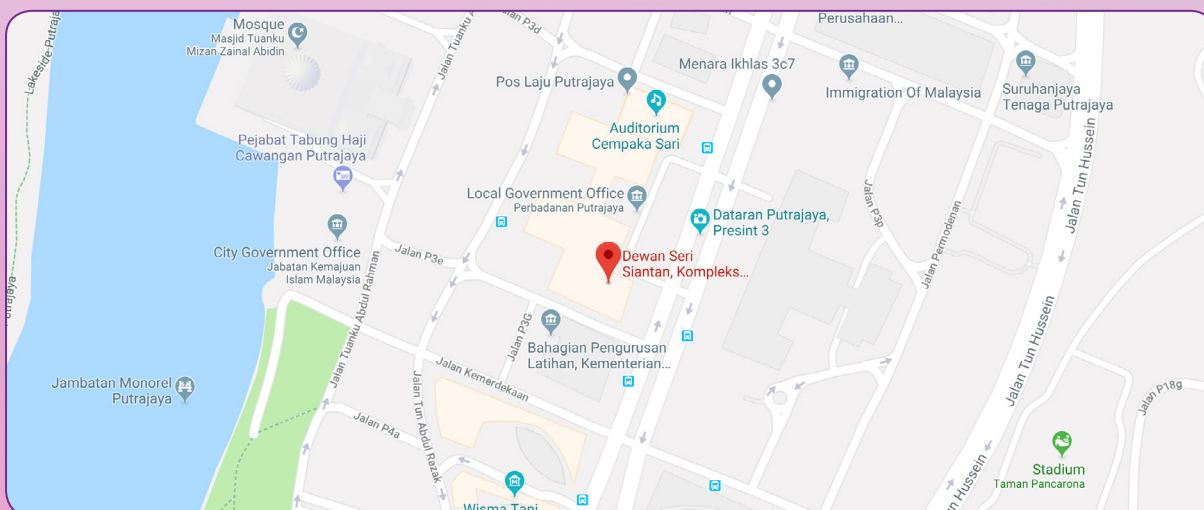
## Relevant Information

### Conference

Conference sessions and the Exhibition will take place at the Dewan Seri Melati, Presint 3.

**Dewan Seri Melati**  
**Kompleks Perbadanan Putrajaya**  
**24, Persiaran Perdana**  
**62675 Precinct 3, Putrajaya**

**GPS coordinate: 2.9170° N, 101.6842° E**



### Accommodation

Accommodation is not included in your registration fee. You may reserve your hotel rooms for the period of the Conference in hotels close to the Conference Venue.

We strongly advise booking your accommodation early to take advantage of cheaper prices and more availability of options. Delegates are entirely responsible for their own accommodation arrangements and payments.

**Dorsett Putrajaya**  
600 m to the Conference hall

**The Everly Putrajaya**  
5 km to the Conference hall

**Le Méridien Putrajaya**  
12 km to the Conference hall

**Palm Garden Hotel**  
12 km to the Conference hall

**Putrajaya Marriott Hotel**  
12 km to the Conference hall

